

Wellness wins.

Schedule your Annual Wellness Visit today!

This important once-a-year review of your daily routine, along with your personal and family health history, is an important first step in making—and sticking to—a wellness plan that wins!



Learn
ways to
prevent falls!



Lower
your risk of
getting sick!



Discover
tips to keep you
at your best!

At your visit, your
Primary Care Team will:



Check
your height,
weight and
blood pressure.



Review
and update
your current
medicines.



Recommend
vaccinations
and health
screenings.



Suggest
safety tips
to prevent
falls.



Start
the conversation
about Advance
Care Planning.



Check
your memory,
mood and self-
care abilities.

3 things to bring to your Annual Wellness Visit:



1

Your medicine bottles (or a current list) of prescriptions, over-the-counter medicines, vitamins and/or supplements.



2

Names and contact information of all your health care providers: doctors/clinicians, specialists, therapists, pharmacy, etc.



3

A copy of your Advance Directives (Living Will and/or Medical Power of Attorney) if you have them.

Ready. Set. Go!

Schedule your Annual Wellness Visit with your Primary Care Team today and get on the path to a healthier you.

Important Information:

The Annual Wellness Visit is a covered benefit to you. Your Primary Care Team may also review any of your current health care conditions during this visit. During this visit, there may be changes in treatment for your health care conditions, new problems discussed, or additional tests or services ordered that are not part of the Annual Wellness Visit. In these circumstances, you may have to pay a copay or coinsurance, and the Part B deductible may apply as Medicare doesn't cover these services under the Annual Wellness Visit benefit.

For more information about the Annual Wellness Visit Medicare Part B covered benefit, visit ebrighthealthaco.org and choose For Beneficiaries, or call the **Centers for Medicare & Medicaid Services at 1-800-633-4227 (TTY 1-877-486-2048).**